

ISLAND WAVES

Competition Packing List

Check your laces- not too long or too short.

Sharpen skates at least two practices before competition if they need it.

Skate bags need to have **luggage tag** with girls name and “Island Waves”

Costume Mom will hold and transport all competition dresses, hair pieces, make-up and over the boot tights.

SKATER’S PACKING LIST

Skate bag(Transpack back pack not zuca bag) with label (Girl’s name and “Island Waves”)

Skates

Tights

black practice dress

black pants

button down shirt (for once their hair is done) Pink shirt open juvenile.

team jacket and vest

hair brush and hair ties

skate guards (hard and terry) **label hard guards w/ last name and Island Waves**

hair ties for practice ice

towel to wipe skates

towel to sit on in locker room

PARENT’S PACKING LIST

Warm rink clothes.

Healthy snacks for the girls and bottles of water.

MAKEUP AND HAIR

Island Waves has a makeup/hair kit which contains: eye shadow, lipstick, blush, disposable applicators, hair spray, hair-gel and hair elastics and clips etc.

Please provide your own black mascara.

GENERAL

NO SWIMMING or SUGAR until after the girls skate.

Until all competition has ended, coaches and locker room moms are in charge.

Skaters will travel to the rink in the bus or assigned cars.

When not practicing or competing, girls are watching the competition from the bleachers.

Pin trading only takes place between skating events NOT while teams are skating. We have plenty of extra pins.

Trips to the snack bar, bathroom, vendors etc. are to be taken in groups of two or more and chaperones must be notified beforehand.